

# FELLOWSHIP IN COSMETIC GYNAECOLOGY

Endorsed by American Board of Cosmetic Gynecology &  
American Aesthetic Association



1-YEAR FREE MEMBERSHIP OF AMERICAN AESTHETIC ASSOCIATION



25th - 27th September, 2026

Dubai, UAE



ONE-ON-ONE HANDS-ON TRAINING



**DR. AYMAN  
EL ATTAR**

President of American  
Aesthetic Association &  
American Board of  
Cosmetic Gynaecology  
(USA)



**DR. ISABEL  
HERMENEGILDO**

President of Gyneco-Aesthetic  
committee of SPME  
(Sociedade Portuguesa  
Medicina Estética).  
Portugal



Each training day begins with a live demonstration followed by supervised hands-on training. Course materials, protocols, notes, lunch, and beverages will be provided.

## COMPREHENSIVE 3-DAY HANDS-ON CURRICULUM



### SURGICAL TREATMENTS

- Vaginal Rejuvenation (Vaginoplasty)
- Types of Labia Minora Hypertrophy
- Proper examination of Labia Minora hypertrophy & clitoral hood
- Labiaplasty: indications, classifications, and types of surgeries
- Labiaplasty of Labia Minora and Labia Majora: how to do it
- When to choose vaginoplasty and perineoplasty (video demo)
- Classic technique of Labia Minora plasty and clitoral hood reduction
- Hymen reconstruction surgery (Hymen surgery, hymenoplasty surgery / hymen restoration)
- Mons Pubis liposuction
- Revitalization of Labia Majora with PDO threads / barbed threads – lift of Labia Majora
- Fat harvesting and transfer techniques for female and male genital rejuvenation



### NON-SURGICAL TREATMENTS

- Video: correction of Labia Majora deflation, introitus hydration – is it too much?
- Botox for vaginismus (lecture/video)
- Radio frequency for vaginal rejuvenation (lecture and video)
- Vulvar and anal pigmentation bleaching (video)
- PRP in vaginal and vulvar rejuvenation (O-Shot)
- Carboxytherapy: indications in aesthetic gynaecology
- The latest in mesotherapy and micro-needling in vulvar and vaginal rejuvenation
- LED: latest non-invasive treatment in vulvo-vaginal rejuvenation; comparison of machines available in the market
- Laser for vaginal rejuvenation and vulvar treatment by CO2 laser
- G-spot augmentation techniques and potential complications
- Dermal filler in vaginal rejuvenation: hydration and Labia Majora augmentation



### REGISTRATION / QUERIES

- ✉ [info@aecsmed.com](mailto:info@aecsmed.com)
- 🌐 [www.aecsmed.com/registration](http://www.aecsmed.com/registration)
- ☎ +971 55 532 2030
- ☎ +971 52 352 0165
- ☎ +971 50 739 8703



### COURSE FEE

USD 4,800 (AED 17,600)



3 Nights Free Accommodation in a 5-Star Hotel



Special discount available for a group of 3 doctors

*Cancellation terms apply.*

# FELLOWSHIP IN COSMETIC GYNAECOLOGY

Endorsed by American Board of Cosmetic Gynaecology &  
American Aesthetic Association



1-YEAR FREE MEMBERSHIP OF AMERICAN AESTHETIC ASSOCIATION



9th - 11th October, 2026

Dubai, UAE



ONE-ON-ONE HANDS-ON TRAINING



**DR. AYMAN  
EL ATTAR**

President of American  
Aesthetic Association &  
American Board of  
Cosmetic Gynaecology  
(USA)



**DR. ISABEL  
HERMENEGILDO**

President of Gyneco-Aesthetic  
committee of SPME  
(Sociedade Portuguesa  
Medicina Estética),  
Portugal



Each training day begins with a live demonstration followed by supervised hands-on training. Course materials, protocols, notes, lunch, and beverages will be provided.

## COMPREHENSIVE 3-DAY HANDS-ON CURRICULUM



### SURGICAL TREATMENTS

- Vaginal Rejuvenation (Vaginoplasty)
- Types of Labia Minora Hypertrophy
- Proper examination of Labia Minora hypertrophy & clitoral hood
- Labiaplasty: indications, classifications, and types of surgeries
- Labiaplasty of Labia Minora and Labia Majora: how to do it
- When to choose vaginoplasty and perineoplasty (video demo)
- Classic technique of Labia Minora plasty and clitoral hood reduction
- Hymen reconstruction surgery (Hymen surgery, hymenoplasty surgery / hymen restoration)
- Mons Pubis liposuction
- Revitalization of Labia Majora with PDO threads / barbed threads – lift of Labia Majora
- Fat harvesting and transfer techniques for female and male genital rejuvenation



### NON-SURGICAL TREATMENTS

- Video: correction of Labia Majora deflation, introitus hydration – is it too much?
- Botox for vaginismus (lecture/video)
- Radio frequency for vaginal rejuvenation (lecture and video)
- Vulvar and anal pigmentation bleaching (video)
- PRP in vaginal and vulvar rejuvenation (O-Shot)
- Carboxytherapy: indications in aesthetic gynaecology
- The latest in mesotherapy and micro-needling in vulvar and vaginal rejuvenation
- LED: latest non-invasive treatment in vulvo-vaginal rejuvenation; comparison of machines available in the market
- Laser for vaginal rejuvenation and vulvar treatment by CO2 laser
- G-spot augmentation techniques and potential complications
- Dermal filler in vaginal rejuvenation: hydration and Labia Majora augmentation



### REGISTRATION / QUERIES

- ✉ info@aecsmed.com
- 🌐 www.aecsmed.com/registration
- ☎ +971 55 532 2030
- ☎ +971 52 352 0165
- ☎ +971 50 739 8703



### COURSE FEE

USD 4,800 (AED 17,600)

- 🏠 3 Nights Free Accommodation in a 5-Star Hotel
  - 👥 Special discount available for a group of 3 doctors
- Cancellation terms apply.*